



KERRY MITCHELL

HEAD TENNIS PROFESSIONAL

CONTACT FOR PROGRAM INFORMATION:

KERRY MITCHELL

dumitch@gmail.com

**2017 YOMTC JUNIOR PROGRAM
(PROGRESSIVE TRAINING)**

OUR JUNIOR PROGRAM WILL BE INTENSIVE IN NATURE WITH A FOCUS ON THE FUNDAMENTALS OF THE GAME ALONG WITH A LARGE DOSE OF FUN!!!!

****WE WILL USE THE SYSTEM OF PROGRESSIVE TENNIS, A SYSTEMATIC PROGRESSION OF COURT SIZES, BALLS, AND RAQUETS, USED TO SCALE DOWN THE GAME TO AN APPROPRIATE LEVEL WHICH HAS BEEN PROVEN TO ASIST IN SKILL DEVELOPMENT

YORK OLD MILL TENNIS CLUB IS LOCATED AT CATHERINE ST. AND OLD MILL DRIVE, JUST EAST OF THE HUMBER RIVER AND THE OLD MILL INN & SPA
CLUB PHONE: 416 763 3088

AFTER SCHOOL PROGRAM

RECREATIONAL CLINICS (PROGRESSIVE)

THESE CLINICS ARE DESIGNED FOR LEARNING THE BASICS OF THE GAME, LEARNING GOOD COORDINATION SKILLS AND FOR HAVING FUN.

RATIOS—STUDENTS TO INSTRUCTORS:

6:1 AGES 4-6

6:1 AGES 7-9

6:1 AGES 10-12

6:1 AGES 13 AND UP

SPRING

MAY 1-JUNE 24 (8 WEEKS)

CLASS TIMES PER DAY:

***MONDAY TO FRIDAY**

4-5 PM

5-6 PM

SATURDAY

12-1 PM

1-2 PM

***MONDAY CLASS (7 WEEKS-HOLIDAY MAY 22)**

✓ 1 HR/WEEK: \$200 (*\$175)

✓ 2 HR/WEEK: \$350 (*\$328)

****MAKE UPS ARE FOR RAIN ONLY AND CAN BE MADE UP ANYTIME DURING THE SEASON (CHECK WITH KERRY TO CONFIRM AVAILABILITY) ****

ADVANCED PLAYING GROUP

(6:1 RATIO STUDENT TO INSTRUCTOR)

THIS PROGRAM IS DESIGNED FOR THE ADVANCED RECREATIONAL STUDENT. IT IS A HIGH INTENSITY PROGRAM STRESSING ADVANCE SKILLS, PHYSICAL FITNESS AND COMPETITIVE STRATEGIES. THIS IS A PRECURSOR FOR HIGH PERFORMANCE TRAINING

PARTICIPANTS MUST BE ABLE TO RALLY FULL COURT, SERVE AND KEEP SCORE.

****ASSESSMENT OF PARTICIPANTS IS REQUIRED**

SPRING AFTER SCHOOL

MAY 1-JUNE 24 (8 WEEKS)

\$200

DAY(S) OF THE WEEK WILL BE DETERMINED AFTER THE INITIAL REGISTRATION

HIGH PERFORMANCE TRAINING

THIS IS FOR TOURNAMENT LEVEL PLAYERS SEEKING PHYSICAL, MENTAL, AND COMPETITIVE IMPROVEMENT WITH THE GOAL OF PLAYING AT THE UNIVERSITY OR PROFESSIONAL LEVEL. PLEASE CONTACT KERRY MITCHELL BY EMAIL FOR SCHEDULE AND PRICES.



RECREATIONAL SUMMER CAMPS

THESE CLINICS ARE DESIGNED FOR LEARNING THE BASICS OF THE GAME, LEARNING GOOD COORDINATION SKILLS AND FOR HAVING FUN.

****WEEKLY CAMPS**

JUNE 26-SEPTEMBER 1

MONDAY-FRIDAY

HALF DAYS (9-12 noon)—\$230

HALF DAYS (2-4 PM)--\$165

FULL DAYS--\$390

10 AM-1PM

AND/OR

2 PM-4 PM

***2-3 DAY PRICES AVAILABLE AT A HIGHER DAILY RATE**

***ALL CLINICS AND CAMPS REQUIRE A MINIMUM NUMBER OF STUDENTS. PLEASE CHECK WITH KERRY EACH WEEK TO DETERMINE THE VIABILITY OF THE SCHEDULED SESSIONS

****MAKE UPS ARE FOR RAIN ONLY AND CAN BE MADE UP ANYTIME DURING THE SEASON (CHECK WITH KERRY TO CONFIRM AVAILABILITY) ****



JUNIOR TEAM

THE JUNIOR LEAGUE TEAM--CONSISTS OF TWO DIVISIONS (DOUBLES ONLY)

- ✓ 12 YEARS OF AGE AND UNDER.
- ✓ 18 YEARS OF AGE AND UNDER

TEAM TRYOUTS DATES: FRIDAYS APRIL 21 & 28. PLEASE CONTACT KERRY DIRECTLY FOR MORE INFORMATION

MATCHES ARE PLAYED SATURDAY AFTERNOONS 5-7 PM, EARLY MAY TO MID-JUNE

THERE IS A LEAGUE ENDING TOURNAMENT THAT FOLLOWS THE REGULAR TEAM MATCHES IN MID- JUNE. TOURNAMENT ENTRANTES ARE DETERMINED BY THE TEAM COACH.

TEAM PRACTICE DAY WILL BE DETERMINED AT A LATER DATE

PLAYERS MUST BE ABLE TO SERVE, RALLY FULLCOURT AND BE ABLE TO KEEP SCORE. THE LEAGUE IS MADE UP OF LOCAL CLUBS AND THE MATCHES WILL BE HELD EITHER AT YOMTC OR AT THE OTHER CLUBS. THE LEAGUE RUNS FROM LATE APRIL TO MID-JUNE. THERE WILL BE NO MATCH HELD ON MAY 20 (VICTORIA DAY WEEKEND)

REGISTRATION AND PAYMENT FOR GROUP LESSONS

REGISTRATION FORMS CAN BE PICKED UP AT THE CLUB HOUSE (AFTER APRIL 24), PRINTED OUT FROM THE CLUB WEBSITE OR BY EMAIL FROM KERRY MITCHELL

FORMS OF PAYMENT INCLUDE CASH, CHEQUE, OR EMT (ELECTRONIC MAIL TRANSFER)

NON-ELECTRONIC PAYMENTS CAN EITHER BE SENT BY MAIL, PAID DIRECTLY AT THE CLUB HOUSE (AFTER APRIL 24), OR DIRECTLY TO KERRY

CHEQUES SHOULD BE MADE PAYABLE TO KERRY MITCHELL EMT'S GO TO KERRY'S EMAIL ADDRESS (dumitch@gmail.com) IF MAILING PAYMENT, SEND IT TO KERRY'S HOME ADDRESS: 226 HOWLAND AVE TORONTO, ON M5R 3B6

JUNIOR PRIVATE LESSONS

ALL PRIVATE AND SEMI-PRIVATE LESSONS SHOULD BE SCHEDULED THROUGH KERRY

*****membership is required for all programs**

